

Jolly Phonics Actions

Book One

s - Weave hand in a s shape like a snake saying 'ssss'

a - Wiggle fingers along arm saying 'a a a' as if you have ants on your arm.

t- turn head from side to side as if you are watching tennis and say 't t t'

p - hold one finger in front of your mouth pretending to blow out candles making a 'p p p' sound

i - pretend to be a mouse using both hands as whiskers on your cheeks saying 'i i i'

n - hold your arms out wide like an aeroplane and say 'nnnnn'

Book Two

c & k - hold hands in the air as if you are playing castanets saying 'c c c'

e - pretend to crack an egg into a bowl saying 'e e e'

h - hold palm in front of your mouth and breath out as if you are puffed out saying 'h h h'

r - pretend to be a dog shaking a rag in your mouth moving head side to side slightly saying 'rrr'

m - rub your tummy as if you have waiting for some food and say 'mmm'

d - pretend to play drums using your thumbs as drumsticks saying 'd d d'

Book Three

g - using your hand spin it around as if water is going down the plug hole saying 'g g g'

o - pretend to turn a light switch on and off saying 'o o o'

u - pretend to put an umbrella up placing fists on top of each other saying 'u u u'

l - pretend to hold a lolly in your hand and do the licking action without your tongue out saying 'lllll'

f - pretend that you have an inflatable and it is going down, pushing your palms together making the 'ffffff' sound

b - pretend that you are holding a bat in your hand and you are hitting a ball saying 'b b b'

Other single letter sounds

j - pretend that you are wobbling jelly and wobble your body side to side saying 'j j j'

z - pretend that you are a bee with your hands by your side saying 'zzzz'

w - hold your hand under your chin palm side up and pretend to be the wind blowing saying 'w w w'

v - pretend that you are driving a steering wheel saying 'vvvv'

y - pretend to hold a pot of yoghurt in one hand and a spoon in the other as if you are eating it saying 'y y y'

x - hold your hands in front of your face as if you are taking a picture saying 'xs xs xs'